Urban Stream Processes and Restoration Program





Funding provided through a Clean Water Act Section 319(h) nonpoint source grant from the Texas Commission on Environmental Quality and U.S. Environmental Protection Agency.



Local volunteers plant obligate plant species near the edge of the water on a portion of the Urban Stream Process and Restoration Program demonstration site at the Irma Lewis Seguin Outdoor Learning Center in the Geronimo Creek watershed in Seguin, Texas. Obligate species thrive in saturated soils and help prevent soil erosion along the bank. Photo by Clare Entwistle, Texas Water Resources Institute.

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Erosion and Sedimentation Threatens Water Storage Capacity Stream erosion threatens land-use, property values and human safety. Texas Water Development Board (TWDB) predicts surface water in Texas will decline by 3 percent from 2020-2070 due to sedimentation, reducing reservoir storage. It is estimated that reservoirs will lose 104,000 acre-feet of water storage capacity due to sedimentation during that same time period, which is roughly equal to the amount of water for over 231,100 homes based on a family of four use in one year.



Program Goals

- Promote healthy watersheds and improve water quality through the delivery of Urban Riparian and Stream Restoration training programs in priority watersheds and an Advanced 3-day Stream Restoration training.
- Restoration Demonstration Site to show the benefits of riparian restoration on bank erosion and total suspended solids levels within the creek.



- 15 one-day trainings and 1 advanced three-day training in year 3.
- Geared toward professionals interested in conducting restoration projects
- Help attendees understand urban stream functions
 - what the impacts of development on urban streams look like
 - recognize healthy and degraded stream systems
 - assess and classify a stream using the Bank Erosion Hazard Index (BEHI)
 - Comprehend what natural versus traditional restoration techniques

Training Outline

- 1. Hydrologic cycle
- 2. Introduction to stream morphology
 - a) Bankfull discharge
 - b) Stability
 - c) Channel measurements
- 3. Stream classification
- 4. Stream instability
- 5. Stream restoration
- 6. Stabilization structures
- 7. Vegetation
- 8. Monitoring and evaluation



Restoration Demonstration Project

- The demonstration site is owned by the Irma Lewis Seguin Outdoor Learning Center and the Texas Water Resources Institute is coordinating with partners including the Guadalupe-Blanco River Authority and the Geronimo and Alligator Creeks Watershed Partnership.
- The Geronimo and Alligator Creek Watershed Protection Plan, as does most watershed plans, includes implementing riparian forest and herbaceous buffers to reduce pollutant loads in the watershed.
- The demonstration will implement restoration of riparian buffers using natural bank stabilization techniques and planting native vegetation on one of the two sites.
- Both sites will be monitored to demonstrate the difference in bank erosion rates and total suspended solids in the creek.















Riparian Chain Reaction of Adequate Vegetation:

Protects banks from excess erosion Dissipates energy and slows the velocity of floodwater Sediment dropped Sediment trapped and stabilized Floodplain / riparian sponge is enlarged Increased groundwater recharge Base-flow is sustained over time



- The 2014 Texas Integrated report assessed 1,409 water bodies; of those 1,065 had sufficient data for evaluations with 7-10 yrs.
- 2014 303d List has 589 impaired water bodies on it (+21).
- Many WPP and TMDL Implementation projects are ongoing across the state to improve water quality in watersheds.
- Bacteria is the cause for over 43% of impairments followed by low dissolved oxygen (nutrients) for 16% and organics in fish tissue at 19%.











Why should we be concerned about the health of the stream and riparian areas?
Cumulative impacts of natural and man induced disturbances in the drainage area.
Management not only affects the individual landowner but everyone else downstream.
They are critical acting as natural water "pipelines" that impact how much surface water and sediment is transported downstream, the quality of that water, as well as the sediment filling up our reservoirs.
Stream and riparian systems are one of the most important resources found on private and public lands in Texas and they need to be managed and protected.

We need to build more support for resource stewardship through education and use an informed public to mitigate, protect and restore our stream systems.













Bankfull Discharge

- Most important process defining channel
- Effective (or dominant) discharge
- Transports majority of sediment load in stream
- Considered the insipient point of flooding











- Sequences of riffles and pools
- Riffles: larger rock particles, shallower, and steeper
- Pools: flat surfaces, deep
- Run: between riffles and pools
- Glide: between pools and riffles





Stream Assessment

- Determine watershed drainage area (GIS)
- Determine land use (map or survey)
- Determine bankfull (field observation)
- Determine channel dimension (survey)
- Determine stream pattern: sinuosity, radius of curvature, belt width and meander wavelength (1:24000 maps)
- Channel profile

Stream Assessment

- Substrate Analysis
- Estimate bankfull discharge and velocity (Manning's equation)
- Assess riparian condition: topography of floodplain, constraints in urban settings, soil fertility, plant inventory







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The Key to the Rosgen Classification of Natural Rivers



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Level III

- Watershed scale instability
 - Channelization
 - Development
- Local (reach) instability
 - Outside bank of meander bend
 - Channel constrictions
- Channel stability assessment
 - Channel evolution
 - Streambank erosion





































Figure 6.5

Belt width as a function of bankfull width Clinton et al., 1999



Figure 6.6

Radius of curvature as a function of bankfull width Clinton et al., 1999





Meander wavelength as a function of bankfull width Clinton et al., 1999



Figure 6.9

Max pool depth as a function of riffle mean bankfull depth Clinton et al., 1999



Figure 6.8

Pool-to-pool spacing as a function of bankfull width Clinton et al., 1999



Figure 6.10

Max riffle depth as a function of mean bankfull depth Clinton et al., 1999

IV- Stabilize Existing Streambanks in place

- Use in-stream structures
- Riprap?
- Gabions?
- Concrete?
- Bioengineering
- Study upstream and downstream impacts



















Vegetation: Assessments are Needed Prior to Construction

- Determine if existing vegetation is a good template for revegetation
- Discover problematic issues to plan for before construction
- Identify special features to enhance or protect
- Gather ecological data for restoration planning





Soils	
Nutrients	
Compactedness	
Composition	ALC: P
Plans for tilling, mulching, liming	
Correspondence of the sample identification will be used for all official to the sample identi	Porage Testing Laborators Sciences Standard Crop Sciences Sciences





Do Not Mow Streambanks

- Promotes bank stability
- Flood flow reduction
- Water quality
- Reduction of mosquito habitat
- Wildlife habitat







- Morphology
- Photo documentation
- Vegetation
- Bank stability
- Shading and temperature
- Fish and invertebrate data

Links and Resources

- USDA Stream Restoration Design: <u>https://directives.sc.egov.usda.gov/viewerFS.aspx?id=3491</u>
- Wildland Hydrology Resources: <u>https://wildlandhydrology.com/resources/</u>
- NC State University Dept. of Biological and Agricultural Engineering Extension Publications: https://www.bae.pcsu.edu/extension/extension-publicati
- Texas Stream Team at The Meadows Center for Water and the Environment: <u>http://txstreamteam.rivers.txstate.edu/</u>
- Invasives Database: <u>http://www.texasinvasives.org/invasives_database/</u>
- Texas A&M AgriLife Ecological Engineering Group: www.facebook.com/agrilifeecoeng/
- The Dallas Center's Urban Ecological Engineering Program: <u>http://dallas.tamu.edu/extension/engineering/</u>







Visual Indicators of Stream Health Include:

http://texasriparian.org/wp-content/uploads/2013/02/Stream-Visual-Assessment-Protocol-2.pdf

- Channel condition
- Access to floodplain and hydrologic alteration
- Riparian zone
- Bank stability
- Water appearance
- Nutrient enrichment
- Barriers to fish movement
- Instream fish cover
- Pools
- Invertebrate habitat



Other factors if applicable include:

- Canopy cover
- Manure presence
- Salinity
- Riffle embeddedness
- Macroinvertebrates observed
- Fish species observed









- Noxious and Invasive species include any species that has a serious potential to cause economical or ecological harm to agriculture, native plants, ecology and waterways.
- Invasives are affecting aquatic, riparian and upland areas throughout the state.
- The Texas Department of Agriculture currently lists 30 noxious weeds proliferating in Texas: giant salvinia, giant cane (Arundo donax), Chinese tallow tree are some of the most potent invaders.
- Feral hogs are estimated to cause an estimated \$52 Million in damage annually in Texas and are increasing in numbers.
- Manage to reduce invasive species.



Photo Monitoring

- Repeating photographs at set locations will allow better assessment of current conditions and changes over time.
- Location selection: critical sites along the stream where the force of moving water has the potential for detrimental impacts
 - A tributary or high runoff location
 - Where the stream changes course point bar or bend
 - Sites that are easily accessible and representative

























Pebble Count

Overview

The composition of the streambed and banks is an important facet of stream character. It influences channel form and hydraulics, erosion rates, sediment supply and other parameters. Each permanent reference site should include a basic characterization of bed and bank material.

The composition of the streambed (substrate) influences how streams behave. Steep mountain streams with beds of boulders and cobbles act differently than low-gradient streams with beds of sand or silt. This difference may be documented by a quantitative description of the bed material called a pebble count.

Pebble count consists of 3 parts: The first requires collecting samples a total of 100 pebbles from cross sections throughout the longitudinal reach of the stream. This count is used for stream classification. The second samples 100 pebbles at a single cross section. This is for cross-section analysis. The third also samples 100 pebbles at a riffle, but includes only the pebbles from the wetted perimeter (anywhere the water is in contact with the channel bed) at normal flow. This count is used to calculate entrainment and velocity. The third part will be undertaken in this workshop.

(Source: Doll, B.A., G.L. Grabow, K.R. Hall, J. Halley, W.A. Harman, G.D. Jennings and D.E. Wise, 2003. Stream Restoration: A Natural Channel Design Handbook. NC Stream Restoration Institute, NC State University. 128 pp.)

Pebble Count Instructions

Step 1. Collect 100 pebbles from a riffle cross section, zigzagging from the left water's edge to the right water's edge at normal flow.

Step 2. Measure the intermediate axis of each particle collected (Figure 1). Measure embedded particles or those too large to be moved in place by using the smaller of the two exposed axes. Call out measurements for the note-taker to tally by size class. Sample pebble count data sheets are in Table 1.



Figure 1. Axes of pebble.



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Step 3. Take a step forward and collect a pebble moving across the channel in a direction perpendicular to the flow. Repeat the process, continuing to pick up particles until the requisite number of measurements is taken. The note-taker should keep count. Continue traversing the stream until all areas between the left and right edges of water are representatively sampled. **Step 4.** After counts and tallies are complete, plot the data by size-class and frequency. Table 1 is an example of a pebble-count form. A sample pebble count plot is shown in Figure 2. **Step 5.** For stream Classification, use the d_{50} value.

For more information refer to : Doll, B.A., G.L. Grabow, K.R. Hall, J. Halley, W.A. Harman, G.D. Jennings and D.E. Wise, 2003. Stream Restoration: A Natural Channel Design Handbook. NC Stream Restoration Institute, NC State University. 128 pp. Also available at:

http://www.bae.ncsu.edu/programs/extension/wqg/srp/guidebook.html



Figure 2. Example cumulative pebble count plot.



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	Site:	Party						.04	80.	.16	24	.31	.47	.63	94	1.26	1.9	2.5	3.8	5.0	7.6	10	15	20	40



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Cross-Section Instructions

- Set up the level at a location where the entire cross-section is visible (watch for obstacles such as trees). The instrument location should be above the highest point in the cross-section (Figure 1).
- 2. Measure the distance across the channel with a tape. Keep the tape stretched perpendicular to the flow during the entire exercise.
- 3. Determine the Bankfull maximum depth by measuring the distance between the deepest point and the Bankfull Stage (D_{MAX}).
- 4. Take a Backsight (BS) to a permanent feature so that you can use it later for cross checking your data. (You can use an assumed known elevation for the Benchmark e.g. 100 ft). Determine the height of instrument HI (Table 1).
- Take rod readings to the major features of the stream channel (top of left bank, left bankfull, left edge of water, thalweg, right edge of water, right bankfull, and top of right bank) along the tape. Record both distance and rod reading. Left and right are always determined looking downstream. (Table 1).
- 6. Measure the width at an elevation 2 times the Maximum Bankfull Depth. This is known as the Flood Prone Width (W_{fpa})
- 7. Calculate bankfull cross sectional area and plot cross section(Table 2, Figure 2)
- 8. Calculate mean depth (D_{BKF}), Width/Depth ratio (W/D) and entrenchment ratio (ER) Use worksheet (last page in this handout)
- Check Regional curves (available at http://www.wildlandhydrology.com/assets/Rosgen_Geomorphic_Channel_Design.pdf) to make sure cross sectional area, b ankfull width and depth are reasonable)
 Figure 1. Cross section survey.





Table 1: Cross-Section Form (example) *Instructions: Enter data only in gray cells

Site:

	Distance,		Height of		
	Point, or	Back-Sight	Instrument	Fore-Sight	
Station	BS	НІ	FS	Elevation	Notes, Comments, Remarks
ft	ft	ft	ft	ft	
BM	5	105		100	Benchmark
0			8	97	LBF
2			8.25	96.75	
3			8.8	96.2	
6			9	96	
8			9.5	95.5	LEW
12			10	95	THL
16	<u> </u>	′	9.95	95.05	REW
19			9.5	95.5	
21			9	96	
22			8.45	96.55	
25	· · · · · · · · · · · · · · · · · · ·		8	97	RBF

BM=Benchmark LBF=Left Bankfull LEW=Left Edge Water THL=Thalweg REW=Right Edge Water RBF=Right Bankfull

Unit helper

Fiel	d Measur	able form	
ft	in	in (fraction)	ft
1	0	0	1.000
ft	in	in (fraction)	ft
0	1	0	0.083
ft	in	in (fraction)	ft
0	0	1/8	0.010



Table 2: Cross-Sectional Area Calculation (example)

Station	Elevation	Depth	Cell Width	Average Cell Depth	Incremental Area
0	97	0			
2	96.75	0.25	2-0=2	(0+.25)/2=0.125	2x0.125=0.25
3	96.2	0.8	1	0.525	0.525
6	96	1	3	0.9	2.7
8	95.5	1.5	2	1.25	2.5
12	95	2	4	1.75	7
16	95.05	1.95	4	1.975	7.9
19	95.5	1.5	3	1.725	5.175
21	96	1	2	1.25	2.5
22	96.55	0.45	1	0.725	0.725
25	97	0	3	0.225	0.675
				Total Area (ft ²)	30.0

Key Morphological Parameters

		Mean	
		bankfull	
Bankfull Area	Bankfull Width	Depth	Width/Depth
(ft ²)	(ft)	(ft)	Ratio
30.0	25.0	1.2	20.9

Width of Flood	Entrenchment
Prone Area (ft)	Ratio
35.0	1.4
(measured	

value)





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	Distance, Point. or	Back- Sight	Height of Instrument	Fore- Siaht		
	Station	BS	HI	FS	Elevation	Notes, Comments, Remarks
Item	ft	ft	ft	ft	ft	
1	BM		100		100	Benchmark
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
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28						
29						
30						

BM=Benchmark
LBF=Left Bankfull
LEW=Left Edge Water
THL=Thalweg
REW=Right Edge Water
RBF=Right Bankfull

Unit helper

1	Field	l Measur	Table form		
ft		in	in (fraction)		ft
	1	0	0		1.000
ft		in	in (fraction)		ft
	0	1	0		0.083
ft		in	in (fraction)		ft
	0	0	1/8		0.010



Stream Survey Data Sheet

Site:

Riffle Cross-Section:

Area at Bankfull, A _{bkf}	<u>0.0</u>	ft ²				
Width at bankfull, W _{bkf}	<u>0.0</u>	ft				
Width Flood Prone Area, W _{fpa}	<u>0.0</u>	ft				
Maximum Depth Bankfull, D _{max}	0.0	ft				
Max Depth Top Low Bank, D_{TOB}	<u>0.0</u>	ft				
Longitudinal Profile:						
Length of Channel Thalweg		ft				
Length of valley		ft				
Elevation Change		ft				
Pool Cross- Section:						
Pool Area at Bankfull		ft ²				
Pool Width at Bankfull		ft				
Pool Max Depth Bankfull		ft				
Pattern survey						
Meander Wavelength		ft				
Meander Belt Width		ft				
Radius of Curvature		ft				
Pebble Count Results (reachwide):						
Median Particle Size, d50	-	mm				

Mean Depth at Bankfull,		
D _{bkf} =A _{bkf} /W _{bkf}	<u>0.0</u>	ft
Entrenchment Ratio, ER= Wfpa/W_{bkf}	<u>0.0</u>	ft/ft
Width to Depth Ratio, W/D=W_{bkf}/D_{bkf}	<u>0.0</u>	ft/ft
Bank Height Ratio, BHR= D_{TOB}/D_{max}	<u>0.0</u>	ft/ft
Max Depth Ratio=D _{max} /D _{bkf}	<u>0.0</u>	ft/ft
Slope of Channel Sinuosity	0 0	ft/ft ft/ft

Pool Area Ratio	ft ² /ft ²
Pool Width Ratio	ft/ft
Pool Max Depth Ratio	ft/ft

Meander Wavelength Ratio	ft/ft
Meander Width Ratio	ft/ft
Radius of Curvature Ratio	ft/ft

More information about Texas Water Resources Institute's trainings can be found at: <u>twri.tamu.edu/urban-riparian</u>

or

texasriparian.org